PNC Bank, URA to Finance New Homes
By Joe Reuben
The Bulletin

Garfield – An effort that began over a decade ago to help change the physical image of the Garfield neighborhood is fast drawing to a conclusion this winter. Four single-family homes are being built by the Bloomfield-Garfield Corporation (BGC) in the 4900 block of Kincaid Street, and when they’re completed this summer, that will mark the end of a project that has lifted a 12-square-block area west of N. Atlantic Avenue out of the throes of 30 years of disinvestment.

“We didn’t know when we started that it would take us 10 years to build 48 new homes,” Rick Swartz, executive director of the BGC, told The Bulletin recently. “We had a plan, and we had the financial backing of a number of institutions,”

See Homes | page 2

Grocery Store Delayed by Appeal
By Paula Martinac
The Bulletin

Bloomfield/Garfield – In the final hours before the deadline, an appeal was filed against the Zoning Board of Adjustment’s approval of the site plans for the Bottom Dollar grocery store proposed for 5200 Penn Ave. The ZBA approved Bottom Dollar’s site plans on Nov. 1, finding that the store would “not alter the essential character of the neighborhood.”

The Court of Common Pleas received the appeal on Dec. 3 at 3:42 p.m., which was the last day for anyone dissatisfied with the ZBA decision to file an appeal. The appellants are listed as the individuals John Axtell, Philip Bray, Marianne Bray and Jennifer Haven. The Brays live at 200 S. Pacific Ave., Haven is at 205 S. Pacific Ave. and Axtell resides at 233 S. Pacific. Also listed as an appellant is the nonprofit organization Friendship Preservation Group, P.O. Box 9180, Pittsburgh, PA 15224.

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Planning for Iron City Site Postponed
By Patrick Bowman
Lawrenceville Corporation
Lawrenceville – The Iron City Brewery Development Steering Committee, comprised of local residents, community stakeholders

See page 3

PGC Purchases “Bride Row” House
By Paula Martinac
The Bulletin
Friendship/Garfield – According to Heather McElwhe, executive director of the Pittsburgh Glass Center at 5472 Penn Ave., the “idea

See page 5

From Pop-Up to Permanent
By Melinda Maloney
Bulletin Contributor
Bloomfield – In the summer of 2011, Lesley Rains decided she wanted to learn about the business of selling books without a huge financial

See page 13
The houses planned for Kincaid Street bring the number the BGC has developed, with help from Garfield Jubilee Association and the Greater Pittsburgh chapter of Habitat for Humanity, to 48. When the project wraps up, GJA will have qualified buyers for 47 and assisted the BGC with construction supervision. Habitat collaborated with the BGC and GJA to build one house at the corner of Kincaid and N. Evaline Streets for a family that came out of its program. "After that experience," Swartz asserted, "they pretty much concluded this was more than what they bargained for."

The PA Housing Finance Agency, a quasi-governmental organization in Harrisburg, made a commitment in 2002 of $1 million to the task of building what were to have been 50 new homes, Swartz said. Added to that was over $5 million from the city’s Urban Redevelopment Authority (URA) in grants and loans, and loans from a variety of banks, including PNC, the former National City, Fidelity, BNY Mellon and the former Parkvale Bank. “We’re going to fall two short of that goal because costs have risen over that timespan,” Swartz conceded. "We hope the PHFA is understanding of that. Even with foundations like R. K. Mellon and McCune chipping in with grants, there simply isn’t enough money to do those last two.”

PNC and the URA will finance the final four 2-story houses. One house will be earmarked for a buyer who earns less than 50 percent of the median household income for the Pittsburgh area (for a family of four, less than $32,450); two will be available for buyers at 80 percent of median income (for a family of four, less than $51,900); and one can be sold to a buyer earning as much as $65,000 or more. Each home will have three bedrooms, three will have 2 ½ baths and one will have 1 ½ baths. All will have off-street parking for cars.

“I know our partner, Garfield Jubilee, already has a pool of interested buyers, but if anyone is interested, they should contact Barbara Murphy at 412-665-5208,” Swartz advised. Steve Catanel was done by Tai + Lee Architects. ♦

Homes

Attention Property Owners

If you own property on Penn Avenue between E valore and Mathilda Streets, Pittsburgh Water and Sewer Authority is conducting FREE LOW VOLUME TESTS in preparation for the Penn Avenue Reconstruction Project/Phase 1 (see story at right).

You must schedule an appointment for this test. Please contact PWSA at 412-255-2429 by January 31, 2013.

There will be follow-up opportunities to replace your water line lateral. Details will be provided after you schedule your FREE low volume test. This is a limited opportunity due to the construction schedule of the reconstruction project, which is slated to begin in August 2013.

Penn Reconstruction Schedule Updated

By Candace Krnich
L.R. Kimball

Bloomfield/Garfield – Construction for the Penn Avenue Reconstruction Phase I Project from Mathilda Street to E valore Street is anticipated to begin in August 2013.

One inbound (westbound) lane on Penn Avenue will be open throughout the entire two-year construction season. Outbound traffic will be detoured via Main Street, Liberty Avenue, Baum Boulevard, and Negley Avenue via Penn Avenue. Port Authority buses will have no disruptions inbound while outbound buses will utilize Friendship Avenue via Penn Avenue.

The first stage (Stage 0) of construction will consist of drainage repairs and construction on Penn Avenue. This will primarily be nighttime work with minor traffic restrictions from approximately August to September 2013. Stage 1 of construction will close the inbound lane of Penn Avenue and shift the inbound traffic to the outbound lane. Outbound traffic will use the posted detour mentioned above. The inbound traffic and parking lane will be constructed block by block to permit parking in the blocks not currently being constructed. This is work is anticipated to begin in September 2013 and last through winter of 2013/2014. Minor restrictions will be imposed on the side roads.

In Stage 2 of construction, the inbound lane will be closed while the new bump-outs and sidewalks are constructed for the outbound traffic and parking lane. Inbound traffic will continue to travel via the outbound traffic lane while outbound traffic continues to utilize the posted detour. This work is anticipated from early 2014 to spring 2014.

Stage 3 will allow inbound traffic to use the newly constructed inbound traffic and parking lane while the outbound traffic and parking lane are being constructed, again block by block to permit parking in the blocks not currently under construction. Outbound traffic will continue to utilize the posted detour. Minor restrictions will be imposed on the side roads. This work is anticipated from spring 2014 to summer 2014.

Finally, Stage 4 of construction will keep the outbound lane closed while the new bump-outs and sidewalks are constructed for the outbound traffic and parking lane. Inbound traffic will continue to use the newly constructed traffic and parking lane while outbound traffic continues to utilize the posted detour. This work is anticipated from summer to fall of 2014.

New traffic signals and other roadway work will be completed in the fall of 2014, with Penn Avenue re-opening to traffic at the end of 2014. All phases of construction will maintain access to all businesses and residential properties while maintaining safe routes for pedestrian and bicycles. ♦
and political leaders, has decided to postpone the third public planning meeting for the former Iron City Brewery.

Two public meetings facilitated by architectural consulting group DLA+ were held this past fall to discuss the future development of the former Iron City Brewery on Liberty Avenue, with the goal to eventually release a community-endorsed development plan for the site.

The Steering Committee believes that a recalibration of the planning process is needed in order to produce a development plan that reflects the surrounding community’s shared vision.

“It’s not uncommon for hiccups to occur during a public planning process,” said Lawrenceville Corporation Executive Director and steering committee member Matthew Galluzzo.

“The art of facilitating a community-informed plan requires considerable flexibility and adaptability as those processes evolve. It takes time and effort to accurately synthesize the diversity of community interests in one plan. We aren’t quite there yet.”

After a nomination petition was prepared in 2010 by Keith Cochran and Carol Peterson of the Lawrenceville Stakeholders, the former Iron City Brewery site was subsequently recognized as a historic property by the City of Pittsburgh in 2010. The property is protected by the City’s historic code ordinances and any demolition proposals are subject to assessment by the Historic Review Commission.

Collier Development bought the Iron City Brewery site in January of 2012 and agreed to engage in a public planning process for future development of the site.

This past summer, Collier Development demolished several buildings – one of which was approved for demolition by the Historic Review Commission – and did not have demolition permits for those buildings or submit their plans for review by the Historic Review Commission.

Collier was fined by the City of Pittsburgh in district court, and then appealed in Common Pleas court, where the fine was reduced from $20,000 to $8,500.

The Steering Committee believes a number of pertinent issues that have arisen during the planning process should be addressed before a community-endorsed plan is announced.

These concerns include greater detail and flexibility regarding the three proposed development concepts, a more thorough analysis of the buildings’ conditions and, most importantly, a planning process that places greater focus on historic preservation. Also needed is a preservation and adaptive reuse concept that conforms to the Secretary of the Interior’s Guidelines for Historic Preservation – in addition to plans for neighborhood connectivity and mixed-use buildings.

The Steering Committee is currently exploring possible next steps for the future of this project, according to Galluzzo.
**SHOWCASE OF THE MONTH**

**From Blight to Bright**

By Aggie Brose  
Bloomfield-Garfield Corp.

Bloomfield – Bloomfield-Garfield Corporation’s showcase of the month is in Bloomfield at 116 Edmond Street. According to the Allegheny County real estate website, the owner of record for the property is Joshua Ream, who acquired the house in July 2012.

In past years, this small corner property, with its nondescript brown shingles, was in need of some investment. Recently, exterior improvements were made, including new gray siding, a decorative door and white frame windows, which have made a world of difference.

The property now stands out as you look up Edmond Street toward Allegheny Cemetery and complements the rest of the well-kept houses on the block. This proves that even a little bit of investment in the smallest house can go a long way toward sprucing up the neighborhood.

We want to welcome Mr. Ream to the neighborhood of Bloomfield and thank him for investing in our community.

**ABOVE:** Small improvements have brightened this house on Edmond Street. Photo by Rick Flanagan

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**Making the Healthcare Fight Local**

By Anne Huber  
Office of State Sen. Jim Ferlo

Bloomfield – West Penn Allegheny Health System (WPAHS) and Highmark are currently engaged in discussion to enter an affiliation agreement that would allow the two organizations to merge and form an important partnership for southwestern Pennsylvania. State Sen. Jim Ferlo has been supporting this agreement in hope that it would provide needed competition in the region healthcare market, provide improved patient care and secure 12,000 jobs.

As a founding member of the Community Collaborative Stakeholders (CCS) group, Sen. Ferlo is deeply involved in advocating for progress in the discussions between WPAHS and Highmark. The CCS group is an informal coalition of citizens, elected officials and stakeholders that initially convened due to the announced closing of West Penn Hospital, and later refocused its support for the Highmark/WPAHS Affiliation Agreement.

In October, Sen. Ferlo led the CCS and a group of concerned citizens, elected officials and health-care workers to demand that WPAHS and Highmark return to the negotiating table to finalize their affiliation agreement after the two sides reached an impasse. Members of the Bloomfield Citizens Council, Bloomfield-Garfield Corporation, Bloomfield Development Corporation and Lawrenceville United were active participants who joined the group’s protest.

Since then, Court of Common Pleas Judge Christine Ward has ordered the two sides to continue negotiation and to work toward an agreement. The decision reflected the advocacy efforts of the CCS. However, now the community must continue to keep pressure on the two parties to finalize an agreement that suits the general public.

Currently, WPAHS and Highmark are back at the negotiating table. While they work through filing a new agreement, the CCS has sent a letter to Michael Consedine, Commissioner of the Pennsylvania Insurance Department, asking him to impose a deadline, and to expeditiously decide on the affiliation agreement once a new filing is made. That letter has been signed by State Rep. Dom Costa, County Executive Rich Fitzgerald, State Sen. Wayne Fontana and many other stakeholders. We hope that this will put necessary pressure on the organizations to proceed quickly toward a final agreement and begin a positive relationship.

The affiliation of these two organizations is a great opportunity for the region and an important development. Community pressure and support will go a long way to help push the deal over the finish line. Sen. Ferlo and the CCS will continue to advocate to the end to improve healthcare delivery in Pittsburgh.

**BELOW:** Community Collaborative Stakeholders, led by State Sen Ferlo, rallied in October to keep pressure on WPAHS and Highmark to negotiate. Photo by Rick Flanagan

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**Thank you!** The Bloomfield-Garfield Corporation would like to acknowledge its NPP partners, PNC Bank and Allegheny Valley Bank. Thanks also to BNY Mellon, Pittsburgh Partnership for Neighborhood Development, The United Way, Dollar Bank, Citizens Bank, and all of The Bulletin’s advertisers.
of student housing has been in the works for a long time” – almost since PGC’s founding in 2001. But because the organization was still young, the idea seemed to be a bit of a pipe dream.

The need arose from PGC’s popular program of summer workshops, which give students a chance to learn in small groups from world-class glass artists. The workshops run all day, Monday through Thursday, with time for students to work on their projects in the evenings, too. Historically, students have had to stay at local hotels like Spring Hill Marriott Suites at Bakery Square at considerable personal expense – sometimes, more than the actual cost of the workshop.

Last year, PGC completed a strategic plan that foregrounded the idea of purchasing a space to provide housing for both students and instructors for its summer workshops. “We said, when the right thing comes along, we’ll know it when we see it,” said McElwee.

That property was identified in spring 2012, when one of the eight Victorian-era “Bride Row” houses – so-called for their position next to the “Bride on Penn Avenue” mural – went on the market. No. 5447 Penn once housed Kim’s Coffee Shop on the ground floor, with a residential space above it.

One of the PGC’s top priorities is to have housing near its center. “We’ve looked at properties over the years,” McElwee noted, “but everything this side of the avenue is too expensive.” They had also looked at a home on North Fairmount Street, but it was too large with too much ground to take care of.

The Kim’s Coffee Shop property turned out to be “kind of perfect.” It’s a short walk from PGC studios, and unlike some of the other Bride Row properties, “it’s in pretty darn good condition,” said McElwee. It has had no water damage and the structure is essentially stable. After some back-and-forth negotiations, the “stars all aligned” and PGC closed on the property just after Thanksgiving.

McElwee said they don’t plan to gut the building. “We don’t want to strip out the Victorian aspects,” she stated, noting that there are still original mantels and other woodworking in the property. The vision for the repurposing, she said, is a sort of “industrial chic” look that still maintains the historical elements. PGC is working with a young architect, Ben Imhoff, who is under the guidance of Anne Chen at EDGE Studio.

The plan so far is to retain the front addition, which once housed the coffee shop, and to use that space as a retail shop for small gift items and artists’ supplies for students. Behind the commercial space will be a communal kitchen and living space on the first floor, with bedrooms and bathrooms on the second and third floors. The rooms will run the gamut of sizes and styles, with both shared and private spaces.

“Some of our instructors are established artists in their 40s and 50s,” said McElwee. “They don’t want to share a room.”

The renovated space will be able to house between 10 and 15 people at a time. Parking is not an issue, as residents will be able to park in PGC’s lot.

McElwee said she thinks the housing component will make the PGC “more competitive” with other glass centers around the country, which already provide student accommodations. “Over 200 of our students have traveled more than 150 miles to attend our workshops,” she said, which has made housing a pressing need. When they aren’t offering their own workshops, PGC may be able to rent to other arts organizations that also need student housing, such as Kelly Strayhorn Theater.

Don’t expect to see any construction on the building until winter or spring of 2014, however; PGC is in the process of raising money to undertake the renovation, and will be continuing that process through 2013.

When the student housing is up and running, “our hope is that other investors will see the potential in the Bride Row properties,” McElwee remarked, and bring new life to the row. ✴

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Baum Boulevard Developments Updated

By Paula Martinac
The Bulletin

Bloomfield/Friendship – Several developments that have long been in the works for Baum Boulevard have status updates.

Contrary to persistent rumors that the deal was dead, an ALDI grocery store in still in the works for the old Day Auto site on Baum at Roup Avenue. According to John Odell of Warner Pacific Properties in Michigan, the developer on the project, “It’s still happening, I’m happy to report.”

Odell told The Bulletin that the store would open sometime in the first quarter of 2013. ALDI was originally set to open in fall 2011.

“This is not a prototypical ALDI store,” he said. “They had to make sure they had the right plans.”

The delays, Odell added, have mainly been due to unforeseen difficulties that arise when “rehabbing an old structure instead of building new. You find things you didn’t know were there.” For example, he said there were extra columns that they had not figured into the original design and had to work around.

As of mid-December, “The windows on all the floors have all been replaced, and the concrete floor was poured on [Dec. 7],” said Odell. “The refrigeration units have also been installed.” At press time, he estimated that about four to five weeks of work remained on the construction end of the project.

Odell said it is his understanding that staff members for the Baum store have been hired and are currently at other ALDI locations receiving training.

In other Baum Boulevard news, Lenore Williams, the chair of the Baum Centre Initiative, brought The Bulletin up to date on the status of the proposed L.A. Fitness that was to occupy part of the former Don Allen site at Liberty and Atlantic Avenues.

“L.A. Fitness was going to go through the approval process following the approval of its site plan by the Zoning Board of Adjustment. Attorney Jonathan Kamin appealed the ZBA’s decision, contending that the site plan required more parking spaces. Although the appeal was denied and L.A. Fitness got the go-ahead to build, the company found that the increased cost of materials and labor following the delay made the project no longer cost-effective. L.A. Fitness has since purchased Urban Fitness in Bakery Square.

At the corner of Baum and Liberty – the site of the former Don Allen Auto showroom – a Hyatt House hotel is now getting underway. The developer, Concord Hospitality, will raze the existing structure, which dates from 1929, and construct a new 5-story, 128-unit hotel with a parking lot behind it. This project appears to have no opponents in the neighborhood, so if it goes according to schedule, construction could start in the spring.

Penn Stakeholders Address Avenue Issues

By Samantha McDonough
Bloomfield-Garfield Corporation

Penn Avenue – For the past four months, a group known as the Penn Avenue Stakeholders has been meeting on a monthly basis to identify and address the issues of the community. The stakeholders meetings have been held at the Arsenal PreK-5 and the initiative has attracted a diverse group of individuals.

The meetings have been open to anyone who either owns a building or a business on Penn Avenue from Mathilda Street to Negley Avenue. The most recent meeting was held as a “happy hour” at the newly renovated Toro’s. Through these meetings, a number of issues have surfaced as priorities and work has begun to address them.

At the top of the list of concerns? Vacant and blighted buildings. The stakeholders are tackling this issue by creating a centralized map and database to easily identify and access information about some of these buildings. The hope is to reach out to the owners of these properties to help connect them with either supportive resources - loans, grants, etc. - or proper tenants or investors to activate and occupy the spaces to reduce the number of these buildings we have on the Avenue.

The group has also begun to discuss strategies that address a lack of cohesion among businesses on the avenue. The stakeholders have tried to find more ways to encourage collaboration, such as clarifying business district hours and initiating a Saturday Shopping on Penn.

Speaking of collaboration, Jason Sauer, Minette Vaccariello and others have begun working with Plumb Media, Image Box and the Web marketing folks in residence at the Most Wanted Fine Art Gallery to design a new Penn Avenue website, slated to be finished sometime between March and June of 2013.

Other plans for the year ahead? The stakeholders will also implement strategies to promote better lighting on all the buildings to improve the light on the sidewalks at night, among other worthy efforts.

Cheers to everyone who has been participating in the group. All Penn Avenue business and property owners are invited to join in the effort this year. If there are any questions or ideas for the future, please call 412-389-5521 or email Mainstreets@bloomfield-garfield.org.

Holiday Giving Benefits Pittsburgh Arsenal PreK-5

By Judith Flaherty
Pittsburgh Arsenal PreK-5

Lawrenceville – Holiday joy came early to Pittsburgh Arsenal PreK-5 as 410 students were individually greeted by the staff of the Education Partnership and given boxes containing a wealth of school supplies.

The Education Partnership, formerly Storehouse for Teachers, is a nonprofit organization with a focus on providing classroom supplies to teachers and students in economically disadvantaged communities. This organization’s mission is dedicated to addressing educational inequities in a six-county area around Pittsburgh. Teachers of qualifying schools also received supplies valued at approximately $400 to enhance their classrooms.

The visual arts and music programs at the school have been enriched by three generous grants from Macy’s. The funding provided resources for students to attend the Pittsburgh Ballet Theater’s production of “The Nutcracker,” the purchase of a kiln and clay supplies and lessons for African drumming.

Target is also a positive presence in the community. The school has been the recipient of three Target educational field trip grants. Arsenal students have been able to learn outside the classroom during trips to the Carnegie Museum of Art and Beechwood Farms Nature Reserve. The school has also received a Target Arts, Culture, and Design in Schools grant, which will provide funding for African drumming lessons, books and transportation.

These funders make our community a better place by providing resources for students to learn and to succeed.
Things Are Looking Up in Upper Lawrenceville

By Lauren Byrne and James Eash
Lawrenceville United and Lawrenceville Corporation

Lawrenceville – More than 60 residents filled the Ancient Order of Hibernian’s Club at 52nd and Carnegie Streets on Oct. 18 to begin planning for their future. At this first of three public community sessions, residents came together to share their vision for Upper Lawrenceville – known locally as the 10th Ward – by kicking off a long-awaited neighborhood planning and visioning process. The diverse group was a broad representation of the neighborhood: elderly residents, 20-somethings, longtime homeowners and recent transplants all coming together to create a shared vision for the 10th Ward.

Over the past two years, Lawrenceville United convened groups of residents, business owners and community stakeholders to begin thinking comprehensively about the future of the 10th Ward. While the neighborhood as a whole has experienced incredible transformation over the last decade, planning efforts have focused primarily on Central and Lower Lawrenceville, with Upper Lawrenceville largely absent from the conversation. This current effort represents the first with a specific focus on the future of the 10th Ward.

For more than a decade, 10th Ward residents and their community organizations have worked hard to confront blight and crime throughout the neighborhood. Early efforts included extensive public safety initiatives, “clean & green” strategies and the demolition of blighted, crumbling properties too far gone to save. Through the initial conversations in 2010 and 2011, residents were able to identify new projects or themes they wanted to explore in the 10th Ward. This included creating and preserving more passive and active green space, creative ideas for the reuse of vacant lots and buildings, a reuse plan for vacant but prominent neighborhood landmarks (McCleary School and St. Kieran’s Church in particular), a focus on neighborhood gateways at Stanton and McCandless Avenues and a re-imaging of the role of McCandless Avenue as a main community corridor.

With this prioritized list of items to explore, the Lawrenceville Corporation secured funding from the Design Fund to support professional planning efforts. An advisory committee representative of the community selected local firm Evolve Environment and Architecture to lead the public engagement and community visioning activities.

As lead consultant, Evolve was tasked with helping create a community-endorsed neighborhood vision that residents could work to implement. Through innovative and exciting engagement activities, Evolve worked with the energetic group of residents and business owners to help articulate a vision for the community’s future. Discussions revolved around local food economies, increased green space and storm water management, community gathering space, family-friendly amenities and programs, bike lanes, green streets and alleyways and strategies for keeping the neighborhood affordable for long-term residents and families.

Energetic residents, both lifelong and newcomers alike, have driven the process. Dora Walmsley, a new 10th-Ward homeowner renovating a house on McCandless, participated in the first two public meetings. “There are few opportunities where one can actually shape the landscape of their neighborhood,” Walmsley noted, “and I feel really fortunate to be able to participate in the Upper Lawrenceville planning process as a new homeowner.” She continued, “I realize many people have been advocating for this for a long time. I look forward to working with my neighbors to positively contribute to the neighborhood we all call home.”

Nancy Bittner is a lifelong resident of the 10th Ward who has experienced the neighborhood transition firsthand. “I’ve seen so many changes in this community over the years, and thanks to the hard work of so many residents, it’s once again beginning to flourish,” said Bittner. “Through the Upper Lawrenceville planning process, we’ve been given the opportunity to shape our neighborhood in a positive way, keeping a focus on the interests and priorities of all residents– new and old alike. It’s exciting to play a part in the future of my neighborhood.”

The Upper Lawrenceville Plan will ultimately serve as a guide for how community organizations and resident stakeholders can make positive, transformative change in the 10th Ward. The community-driven process will provide a clear vision for future of the 10th Ward, and will help shape the next decade of local community development.

The second community meeting was held November 29, and the final meeting will take place in mid-January. Please contact Lawrenceville United at 412-802-7220 or info@lunited.org for the exact date if you are interested in becoming involved.

Kevin Anthony Perez, MD
Internal Medicine, subspecialty in infectious disease
Dr. Perez earned his medical degree from Columbia University, College of Physicians and Surgeons. He completed his residency at Columbia Presbyterian Medical Center and his fellowship at the University of Texas at Houston. He is board-certified by the American Board of Internal Medicine with a subspecialty in infectious disease.

E. Anthony Verdream, MD
Internal Medicine, subspecialty in infectious disease
Dr. Verdream earned his medical degree from Temple University School of Medicine in Philadelphia. He completed his residency at the Western Pennsylvania Hospital and his fellowship at the University of Pennsylvania. He is board-certified by the American Board of Internal Medicine with a subspecialty in infectious disease.

Robert Louis Volosky, MD, FACP
Internal Medicine, subspecialty in infectious disease
Dr. Volosky earned his medical degree from Georgetown University in Washington, D.C. He completed his residency and fellowship at UPMC Montefiore. He is board-certified by the American Board of Internal Medicine with a subspecialty in infectious disease.

David Lee Weinbaum, MD, FACP
Internal Medicine, subspecialty in infectious disease
Dr. Weinbaum earned his medical degree from the Boston University School of Medicine. He completed his residency at the University of Michigan and his fellowship at the University of Virginia. He is board-certified by the American Board of Internal Medicine with a subspecialty in infectious disease.

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Pouring Great Java on Penn Ave.

Tattoo Shop Collaborates with Tazza D’Oro To Create Hand-Brewed Coffee Bar

By Michelle Massie Bloomfield-Garfield Corporation

Garfield – The luster of the floor, tiled with 250,000 copper pennies, and the brightness of the Victorian-inspired custom paint job definitely catch the eye at Artisan: Tattoo, Coffee, Gallery on Penn Avenue in Garfield. But there are more than just visual treats at Artisan.

Tazza D’Oro in Highland Park partnered throughout December with Artisan on a temporary coffee bar featuring hand-brewed coffees, including three seasonal brews from Burundi, Peru and Bolivia, plus teas and fresh pastries. The coffee bar is continuing into January.

If the coffee bar proves to be a success, it will be a permanent fixture at Artisan. Success means getting people through the door.

Customer Katherine Kidd, 35, of Morningside is a regular at Tazza D’Oro Cafe & Espresso Bar and decided to check out the new pop-up coffee shop at Artisan. “I saw the penny floor on Instagram,” said Kidd. “I like coffee and I like new spaces. It’s a bit of a drive to come over here, but I want to lend support.”

“I hope people in the neighborhood will feel comfortable enough to come in and have a cup of coffee,” Meliora “Mel” Angst, 32, co-owner of Artisan, said. “We want this to be a communal hangout. We want this to be a social place.”

Angst and her husband, Jason, opened Artisan Tattoo a year and a half ago. Since then, the business has grown to include the gallery and pop-up café on the first floor, while the tattoo parlor is on the second floor. They display the work of a featured artist in the gallery every month to coincide with the Unblurred: First Fridays on Penn Avenue events.

Artisan is available for special events such as poetry and open mic performances, fashion and trunk shows, and the owners hope individuals and organizations will participate in the shop’s continued development.

“We do tattoos, we do art and coffee. It’s all intertwined,” Jason Angst, 33, said. “What’s a good cup of coffee? What’s a good tattoo? Artisan represents quality. It’s all about quality extending into all aspects of our lives.”

The penny floor that has garnered so much attention speaks to that quality and community spirit. Volunteers helped lay the pennies and it took about three weeks or roughly 300 people-hours to complete. Volunteers who put in significant time received a free penny tattoo.

“We do tattoos, we do art and coffee. It’s all intertwined,” Jason Angst, 33, said. “What’s a good cup of coffee? What’s a good tattoo? Artisan represents quality. It’s all about quality extending into all aspects of our lives.”
Pouring Java on Penn  continued

Tazza D’Oro, said. “This is going to be a great cup of coffee. You won’t taste a better cup.” The coffee offered at Artisan is also direct trade, which is similar to fair trade in that it provides a fair price for small farmers and encourages them to develop sustainable practices.

“The best thing you can do is be inviting and hope for the best,” Mel Angst said. “There are a lot of interesting things happening in Garfield. We’re vested here.”

Artisan: Tattoo, Coffee, Gallery is located at 5001 Penn Avenue. The café is open 10 a.m. to 6 p.m., Monday through Saturday, closed Sunday. Call 412-661-0503 or visit https://www.facebook.com/artisan.tattoo.coffee.gallery for more information.

Historic Marker Honors Prominent Architect

By James Wudarczyk
Lawrenceville Historical Society

Lawrenceville – On Sunday, January 27, at 3 p.m., the Pennsylvania Historical and Museum Commission will dedicate a state historical marker to commemorate the contributions of architect John Theodore Comès (1873-1922). Comès, who designed approximately 100 churches, schools and rectories plus the original Saint Joseph Hospital on the South Side, is the first Western Pennsylvania architect to receive such an honor.

Best known for his work in the Italianate, Romanesque Revival, English Gothic Revival and Spanish Renaissance Revival styles of architecture, Comès’ works may be found throughout the United States.

Comès was the principal architect responsible for two Roman Catholic edifices in Lawrenceville: Saint Augustine Church, dated 1901 (now Our Lady of the Angels house of worship) and Saint John the Baptist, dated 1903 (now the Church Brew Works). In the Pittsburgh area, Comès also designed South Side’s Saint Josaphat Church (1909-1916), Saint Anthony Church in Millvale (1914), and Saint Agnes Church in Oakland (1917).

One of his last commissioned works before his untimely death was the Saint Anne’s Chapel in the former Saint Mary’s Church on 46th Street in Lawrenceville. (This shrine has since been moved to Our Lady of the Angels/ Saint Augustine Church, but because of space considerations has had its doors removed).

Commenting on Saint Augustine Church, architectural historians James Van Trump and Arthur P. Ziegler, in their book Landmark Architecture of Allegheny County, Pennsylvania, noted, “Comès was probably chiefly responsible for this design and it is certainly related to work that he did later when he became chief ecclesiastical Roman Catholic architect in the Pittsburgh area. Comès was at this time working in the office of Rutan & Russell. Certainly Saint Augustine bears little relation to the rest of the work emulating from the Rutan & Russell office at this time.”

His Saint John the Baptist Church is best known for its use of broad stripes of colored brick to give the structure a very visual and ornamental appeal.

A prolific writer and lecturer, Comès was the author of Catholic Art and Architecture in 1920. He is also credited with being the creator and chief organizer of the Pittsburgh Architectural Club, founded in 1896.

When Comès died on April 13, 1922, the May 1st issue of the Fortnightly Review wrote, “The death of Mr. John T. Comes, of Pittsburgh, robs the Catholic community in the U.S. of perhaps the most gifted of its ecclesiastical architects.”

The dedication and reception will take place at Saint Agnes Center, Carlow University, 3219 Fifth Avenue, Oakland. The event is free and open to the public; no reservations are necessary.

ABOVE: John Comès in 1922. Photo courtesy Comès Family Archives.
Garfield – At the annual fundraising luncheon for the Bloomfield-Garfield Corporation, keynote speaker Rob Stephany recalled what he had learned 15 years ago as an intern in the back room of the BGC’s community development office on Penn Avenue. “It’s not about real estate development – it’s about people, it’s about making a neighborhood great,” Stephany said.

The lesson served him well. Stephany went on to work with East Liberty Development, Inc., helping to bring Whole Foods and Target to the East End; to head up the Urban Redevelopment Authority for five years; and then to become the Director of Community and Economic Development for The Heinz Endowments. “I’m a lucky guy,” he stated.

Stephany addressed a room full of about 150 community leaders, banking officials and corporate sponsors about “the power of dreaming.” He noted that “the power is in this room to affect the most vulnerable among us,” but only if people are willing to “think bigger and better than you have ever thought” – “dreaming to the 40th power,” as he phrased it.

“Pittsburgh has turned a corner,” he told the audience. “The markets that are driving our nation – the millennials – want to be in our neighborhoods.”

This year’s luncheon also featured a successful art raffle of paintings, photographs and other works by neighborhood artists, many of whom have exhibited in Penn Avenue galleries. Donating their artwork to the effort were Jason Sauer of Most Wanted Fine Art; the Pittsburgh Glass Center; Le Fee Photography; John Colombo Photography; Emily Marie Bush of Ubere Reclamation; Laura McLaughlin of Awesome Books; and individual artists John Howe, Eric Liddi, Anne Michelle Lyons, Sam Thorp, Thricegreat, Donald Toomer, Minette Vaccariello and Jesse Zito.

The Neighborhood Academy provided an entertainment break in the program, with members of the Young Actors Ensemble performing short scenes from the plays “A Raisin in the Sun” and “Our Town.”

West Penn Receives Magnet Redesignation

By Diana Mathis
West Penn Allegheny Health System

Bloomfield – On Dec. 14, Allegheny County Executive Rich Fitzgerald presented his Proclamation recognizing The Western Pennsylvania Hospital for its redesignation as a Magnet® hospital for nursing excellence.

Mr. Fitzgerald made his presentation in the West Penn Hospital Conference Center, speaking to a packed auditorium of hospital employees, physicians, leadership, students and volunteers. He reminisced about growing up in Bloomfield, including playing football in Friendship Park, across the street from West Penn, and getting stitches in the hospital's emergency department.

Fitzgerald recognized West Penn as the first hospital in the region to earn Magnet designation by the American Nurses Credentialing Center in 2006 and the first to achieve redesignation, retaining its place among the select group of 395 out of nearly 6,000 U.S. healthcare organizations that have earned this international honor.

Receiving Magnet recognition is a lengthy and rigorous process involving an application, written documentation of patient care and outcomes and an on-site visit, he noted. In order to receive redesignation, the hospital had to provide documented evidence of how Magnet concepts, performance, and quality were sustained and improved over the period since it received its initial recognition.

“West Penn Hospital plays a major role in the community and we are thankful for its dedication to provide the best care possible to our residents and its outstanding dedication to its nursing staff,” Mr. Fitzgerald said.

In welcoming all to the hospital’s celebration, President and Chief Executive Officer Duke Rupert noted, “Since I joined West Penn a little more than a year ago, I’ve seen the benefits of the Magnet culture firsthand. My charge was to reopen the Emergency Department and restore the range of inpatient services present before the downsizing. I could not have done this without critical input from nursing.

“During their August 6 to 8 visit to West Penn, our three assigned Magnet appraisers reviewed every aspect of nursing services. This included seeking input from physicians, executive leadership, former patients, and anyone from the hospital or the community who wanted to comment about West Penn’s quest for Magnet redesignation. The appraisers heard only the highest praise for patient care at West Penn.”

In accepting Mr. Fitzgerald’s Proclamation on behalf of West Penn, Vice President and Chief Nursing Officer Paula Lacher, MSN, RN, NEA-BC, shared several exemplars or “best practices” in nursing that the Magnet appraisers had included in their report. She then noted, “Maintaining Magnet excellence and recognition is an ongoing process – Magnet facilities are called to continually raise the bar on safety and quality outcomes and professional nursing achievements.”

In closing, Ms. Lacher noted that collaboration with all disciplines is integral to the Magnet culture and achieving patient safety and quality outcome goals. She then introduced West Penn Hospital Neonatologist Alan Lantzy, MD, who spoke on behalf of the hospital’s medical staff.

Dr. Lantzy reflected on his 30-plus years of caring for sick children at West Penn and what the hospital’s achievement of Magnet designation in 2006 and redesignation in 2012 has meant to him. “It’s true that Magnet designation is reserved for nursing excellence, he said, “but in fact it is the spirit of collaboration, teamwork and excellence across the board that makes such a designation possible ... and one that reflects on the hospital as a whole.”

ABOVE: Duke Rupert, President and CEO, West Penn Hospital; Jackie Collavo, MA, BSN, RN, NE-BC, Director of Nursing Operations and Magnet Recognition Program; Paula Lacher, MSN, RN, NEA-BC, Vice President and Chief Nursing Officer, and Rich Fitzgerald, Allegheny County Executive. Photo courtesy West Penn Hospital.

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New Year’s Resolution...Save more and spend less.
With the economy remaining sluggish, two of the top
New year’s resolutions are to save more and spend less.
That’s the value of planning your funeral or cremation
in advance: to save more today and spend less in the future.
In these uncertain economic times, let us help you focus on
one of the most important financial aspects of your life.
Call today and resolve to save more and spend less.
Two Books in the Works for BGC President

By Paula Martinac
The Bulletin

Bloomfield – The president of the Bloomfield-Garfield Corporation’s Board of Directors, Bill Cornell of Penn Avenue, has not one but two books forthcoming.

A psychotherapist in practice in Lawrenceville, Cornell is well known in his field for his work in transactional analysis, a type of psychotherapy that focuses on the roles people play with one another in their relationships. Cornell is the editor of “Transactional Analysis,” a scholarly journal, and has previously edited two collections of essays and written one book on the topic.

For the past four or five years, he has been writing a new book, tentatively titled *Meeting in the Flesh: Somatic Experience in Psychotherapy*, which concerns nonverbal communication and experiences. Last summer, he decided he finally had to finish it.

“I found that in the process of writing it, my ideas would change,” he said, so he determined to complete it and get it out for publication. “A Payot editor read some of my articles,” Cornell explained, “and said she had never met someone who writes with such respect about his clients.”

Tentatively titled *As If Life and Death Are Holding Hands*, the second book is halfway to completion and concerns “the interior life of a psychotherapist… It’s the story of various clients who’ve had an impact on me so that I had to learn something more.” He said he was surprised to find “it is writing itself.” If the writing continues to flow, Cornell says the book could be published in late 2013 or early 2014, at which time he will shop it around to publishers in the United States.

Although having two books on the horizon might seem exciting, Cornell said right now he is “just relieved to have *Meeting in the Flesh* done. I’ll probably get more excited once it’s actually published.”

Cornell has also been commissioned by a French publisher, Payot, to write a more personal book for the general reading public. “A Payot editor read some of my articles,” Cornell explained, “and said she had never met someone who writes with such respect about his clients.”

*Free GED Classes Offered in Garfield*

Garfield – Pittsburgh CONNECTS, a computer lab run by the Bloomfield-Garfield Corporation, is offering free help for people interested in taking the General Equivalency High School Diploma exam (GED). Individuals who never completed high school can study at the Pittsburgh CONNECTS center at 5321 Penn Ave. with both human tutors and computer technology that prepares them to take the GED exam.

Under a special arrangement the Greater Pittsburgh Literacy Council (GPLC), these classes provide assessment, training materials and sample tests to individuals enrolled in the GED study program. GPLC is also an approved testing provider and will arrange for students to take the GED exam.

“This partnership between GPLC and our computer center prepares students to take the current exam, which is paper-based. It also sets the stage for the future. Beginning in 2014, all GED tests will be computer-based,” said Jim Lenkner, Project Coordinator of Pittsburgh CONNECTS.

For more information, call the Pittsburgh CONNECTS GED information number: 412-465-0858.

Pittsburgh – On the heels of a successful and impressive 2012, I’m proud of all we’ve accomplished and look forward to further fueling our City’s rebirth and resurgence in 2013. Pittsburgh’s Third Renaissance, marked by job creation and neighborhood development throughout the City, is in full swing.

For the first time in decades, our population is growing. Crime is at a historic low, having decreased for six straight years. And, at over 1.2 million, there are more jobs in Pittsburgh today than ever before. While we worked hard to expand Pittsburgh’s Third Renaissance into more neighborhoods last year, there is still work to be done.

Our 2013 budget is balanced, contains no new tax increases or layoffs and enhances the City’s commitment to investing in neighborhoods and infrastructure. Over $16 million is dedicated to projects throughout the City – from spray parks and community projects, to recreation and senior centers, to playgrounds and ball fields. We’ll continue to deploy innovative strategies to ensure that Pittsburgh’s Third Renaissance reaches all of our City’s 90 neighborhoods.

Whether it’s capitalizing on the impact of dedicated volunteerism through servePGH, or investing in the future of our young people through The Pittsburgh Promise, we recognize that the greatest strength we have in Pittsburgh is our people. This year, I look forward to working with residents to transform more blocks through Green Up and Love Your Block, assist and impact residents through Mayor’s Mentoring Initiative and Snow Angels and foster more informed and effective civic leadership through Civic Leadership Academy and Civic LEAF Academy. Together, we’ll write the next chapter in Pittsburgh’s remarkable history.

I’m excited about the new projects and initiatives that will come your way this year. Advanced public safety efforts, greener programs and practices, volunteer opportunities with new servePGH initiatives, and more – Pittsburgh’s Third Renaissance will have an even greater impact in 2013.

Looking Forward to 2013

By Luke Ravestahl
Mayor of Pittsburgh

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Mayor’s Message

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Pop-Up from page 1

investment. So, she started the East End Book Exchange, a used bookstore that “popped up” in various Pittsburgh locations for just hours at a time. Customers kept track of the East End Book Exchange’s travels—to places like the Pittsburgh Public Market, Garfield’s Assembly gallery and Commonplace Coffee in Squirrel Hill—through its Facebook page and blog.

Today, however, its customers know just where to find the East End Book Exchange—at 4754 Liberty Avenue in Bloomfield. The store made the transition to its permanent location in November.

“I had grown comfortable and the response to the bookstore had been really positive from the community, so I started thinking about moving,” Rains said.

Since her store is called the East End Book Exchange, she was committed to being in the East End. Her search for a permanent space brought her to Bloomfield for two reasons. “I wanted a place that was in a pedestrian zone. I also chose Bloomfield because of its affordability. It was about a space that was practical in financial terms and in a prominent location,” Rains said, noting that Bloomfield’s low rents allow her to offer books at reasonable prices.

The East End Book Exchange’s permanent location is off to a great start, and according to Rains, “the response has been universally positive from the community.” She says she’s had many customers not only from Bloomfield, but also other neighborhoods, including Friendship, Lawrenceville, Squirrel Hill and Oakland.

People can visit the East End Book Exchange to both buy from the store’s diverse inventory and to add to it. Rains sells many genres in the store—including, but not limited to, contemporary fiction, classics, history, philosophy, travel, art and music. The store also has a substantial kids’ section.

Parts of her selection come from donations from patrons, who can receive store credit for their gently used books. Rains also scours yard sales, public library sales and estate sales for books.

The only new books at the East End Book Exchange come from local authors, and are sold on consignment. The store also stocks the journal Creative Nonfiction.

In 2013, Rains said she hopes that the store will make its mark as a community space, and host readings, workshops and meetings. To stay up to date on these activities, visit eastendbookexchange.com or “like” East End Book Exchange on Facebook.

Grocery from page 1

However, to complicate matters, Friendship Preservation Group is in the process of merging with Friendship Development Associates to form Friendship Community Group, and it is unclear how long it will exist as a legal entity. Further, according to Kenneth Stiles, one of the attorneys for the appellants, FPG did not pass a resolution in favor of the ZBA appeal per se, but voted last summer to “support the nearby neighbors” in their opposition to the store’s site plans. At press time, The Bulletin was unable to reach FPG officers Tom Mangan and John Horchner for comment and clarification of the group’s stance.

The appellants have two remaining issues with the site plan, according to Stiles. “The first objection is to screening along the parking lot,” Stiles told The Bulletin. The appellants want an 8-foot-high masonry wall to replace the proposed wooden screen along Coral Street, and to extend halfway down the 100 block of South Pacific Avenue, as they maintain is required by code. They contend that this brick wall is necessary to sufficiently screen the parking lot from the residential area, even though there are no residents living in that block.

Leslie Peters of Bluming & Gusky, LLP, attorneys for Bottom Dollar, told The Bulletin that the store cannot agree to this stipulation because it raises a safety issue for pedestrians. “We have concerns about a fortress-like wall,” she stated. “Pedestrians [on South Pacific] can’t see what’s behind a high wall.” She added that “we’ve met all the City codes for screening. In fact, we have overscreened.” She said she believes this objection is weak.

The second sticking point for the appellants, Stiles explained, is a variance that was granted to Bottom Dollar regarding the South Pacific exit from the parking lot. “It is supposed to be 50 feet from the corner, but it’s only 5 feet,” Stiles said. “We think it’s going to create safety hazards for kids.”

“We have already agreed to make that a right-turn exit for trucks only,” Peters noted. She cited the traffic study that estimates very few cars would actually be driving into the residential neighborhood from the store’s lot. “Besides, people from the neighborhood will probably be walking to the store,” she observed.

Axtell and Haven are acting as attorneys for the appellants, along with Stiles. The office of the City Solicitor will be defending the ZBA’s ruling in court, with Jason Zollett arguing the City’s case. The Honorable Joseph M. James will likely preside.

“Judge James is good about moving things along,” Peters observed. She said she hopes to have a status conference in January, with oral arguments in February and the judge’s decision six to eight weeks after that. She estimated that the appeal would delay the construction of the grocery store by at least four to six months. In other words, instead of opening in fall 2013, it would more likely be spring 2014.

Following the judge’s decision, either side has the right to bring a final appeal to a higher court, Commonwealth Court, which might lead to further delays. “It would be regretful if it goes that way,” said Stiles, “but that’s the way it seems to be going.” However, Commonwealth Court can also decide not to take the case.
January 3

**LAWRENCEVILLE**

**Parenting Series**

The primary mission of Love & Logic Parenting Series is to make the world a better place by helping parents raise great kids who will grow up to be great citizens. You will laugh, giggle and enjoy yourself with this lighthearted look at practical and power techniques that will work with your children. Thursdays, 10 a.m. to noon until Feb. 28, at Lawrenceville Family Care Connection, 5255 Butler Street. Call our Community Health RN Pat for more information at 412-784-8683 x 12.

January 4

**PENN AVENUE**

**Unblurred**

The first Friday of each month, from 6 to 11 p.m., various venues in the Penn Avenue Arts District (4800-5500 Penn Ave.) open their doors and showcase the work of a variety of artists and performers. For more information, visit www.facebook.com/pennavenuearts.

**GARFIELD**

**Get Drawn!**

You are a piece of art. Have your portrait drawn for charity at Staff n Such Society at 5015 Penn Ave., 7 to 10 p.m. Local artist Sam Thorp will be drawing live and on the spot to benefit the Pittsburgh Women and Girls Foundation (wgfpa.org). Also, take in an exhibit of works by Most Wanted Fine Art’s International All-Stars, Sylvia K. of Italy and Sarina Meester of the Netherlands – all this art and an amazing assortment of collectibles and memorabilia. Visit www.facebook.com/StaffnSuchSociety or most-wantedfineart.com for more information.

January 5

**GARFIELD**

**Resilience Circles**

A Resilience Circle is a small group of 10 to 20 citizens. You will laugh, giggle and enjoy yourself with this lighthearted look at practical and power techniques that will work with your children. Thursdays, 10 a.m. to noon until Feb. 28, at Lawrenceville Family Care Connection, 5255 Butler Street. Call our Community Health RN Pat for more information at 412-784-8683 x 12.

January 6

**LAWRENCEVILLE**

**Door of Hope**

Come visit the Door of Hope Community Church, 5225 Holmes Street, every Sunday at 11 a.m. for our church service. Also offering Sunday school for all age groups, plus Christians in Recovery, at 10 a.m. For any additional information, please call 412-781-6440 or email dohcc@dohcc.net.

January 7

**GARFIELD**

**Experi-Mondays**

Literary Arts Boom [The LAB] hosts assorted writing workshops and activities for kids aged 6 to 12 (3 p.m. to 4 p.m.). Also, 1st Monday of each month: Art, technology and communication. Experi-Mondays are free and snacks are provided. At Assemble: 5125 Penn Ave., 4 to 6 p.m. Today: Build a Space Colony: Jan. 14: Renga (Japanese poetry). Visit www.literaryartsboom.org/calendar or email literaryartsboom@gmail.com for more details. If you plan to bring a group of students, please let us know.

January 8

**LAWRENCEVILLE**

**Kindergarten Readiness**

Kindergarten Readiness is a program offered for pre-kindergarten-age children who have turned 3 years old on or before 9/1/2012. The program focuses on the academic and behavioral skills needed for a successful transition to kindergarten. In addition, there are special sessions focused on parent involvement with their children in the classroom. This program runs twice weekly on Tuesday and Thursday mornings from 10 a.m. to noon until May, at Lawrenceville Family Care Connection, 5235 Butler Street. Contact Child Development Specialist Stasi Niederberger at 412-784-8683 x 13.

January 9

**GARFIELD**

**AARP Recruitment**

Age 55 or older and out of work? Come to an AARP WorkSearch Program recruitment event from 10 a.m. to noon at Eastside Neighborhood Employment Center, 5231 Penn Ave. To register, call 412-362-8580. Please bring a copy of the following to the event to determine eligibility: PA I.D. or PA driver’s license, Social Security card, resume; and documents showing past 12 months of income (including spouse). If you need to develop your resume, specialists at ENERIC are available to help you.

**Educator Open House**

Assembly and Literary Arts Boom [The LAB] invite educators to join us at 5125 Penn Ave. from 5 to 6:30 p.m. to explore partnership opportunities and learn about the in-school and out-of-school programs we offer. We know you’re busy, so we’ll make it fun! There will be snacks, hands-on activities, and a chance to network, brainstorm, collaborate, and be creative. Register at assembleandthelab.eventbrite.com. Contact 773-425-1531 or literaryartsboom@gmail.com with any questions.

January 10

**HIGHLAND PARK**

**Done with Diets!**

Have you tried every diet imaginable and still haven’t lost weight... or have you lost pounds, then gained them all back? Did you know the word “diet” really just means “a way of life”? Learn the basics of transitioning to a healthier diet and lifestyle in order to shed pounds naturally and for the long term. Workshop led by Paula Martinac, M.S., nutrition educator, 10 a.m. to noon at the The Nun Caress, 5655 Bryant Street. Cost: $25, includes a healthy snack. Register by emailing Paula.NutritionU@gmail.com, calling 412-760-6809 or visiting www.nutritionU.net.

January 11

**EAST LIBERTY**

**Game-o-Rama**

Games galore for ages 8 to 12 at Carnegie Library-East Liberty branch, 130 S. Whitfield St. 11 a.m. to noon. Please call to register: 412-363-8274.

January 14

**LAWRENCEVILLE**

**Easter Lighting**

Lego Night

Families with children ages 3 and older are invited to take part in Imagination Builders: Lego Night at Carnegie Library–East Liberty branch, 130 S. Whitfield St. 6 p.m. Please call to register: 412-363-8274.

January 15

**BLOOMFIELD**

**Wellness Series**

West Penn Hospital is launching “West Penn Healthy for You,” a free community health and wellness program designed to help you learn strategies to improve your health and wellness, starting from where you are today. The first program, “Are in the Driver’s Seat When It Comes to Your Health?” is today from 1 to 2:30 p.m., featuring Jennifer Holst, MD, associate director, Joslin Diabetes Center, West Penn Hospital. Dr. Holst will explore the biggest threats to health that can be controlled. This program also includes a Whole Foods healthy cooking demonstration. Space is limited. Register by calling 412-330-4469.

January 17

**LAWRENCEVILLE**

**Mr. Lincoln’s War**

The Lawrenceville Historical Society will kick off the first of the 2013 public lecture series with James Wudarczyk speaking on the topic of “Salmon P. Chase: Financier of Mr. Lincoln’s War.” The talk deals with the confrontations between Lincoln and his Secretary of the Treasury. Lecture takes place in the McVey Auditorium of Canterbury Plaza, 310 Fisk Street, at 7 p.m. Event is free and open to the public. No reservations needed.

**GARFIELD**

**Literary Reading**

Poetry, fiction, and more! Join Literary Arts Boom [The LAB] at 5125 Penn Ave. (Assemble) from 7 to 9 p.m. for our first in a series of literary readings that will double as mini-fundraisers for the free youth programming we offer. Elizabeth Hoover and Eric Lidji will read, as well as others TBD. Contact 773-425-1531 or literaryartsboom@gmail.com.

January 21

**EAST LIBERTY**

**MLK Day Celebration**

Spend an afternoon at the Kelly Strayhorn Theater, 5941 Penn Ave., engaging in interactive activities by various community organizations and enjoying performances by youth groups while honoring the famed Civil Rights leader. This event is free and the public is welcome, noon to 4 p.m.

January 23

**LAWRENCEVILLE**

**Art All Night Planning**

Art All Night 2013 has reached its 16th year. The planning committee is presently seeking new team members to help organize this year’s event. If you love Art All Night and want to be a big part of it, come join the team that makes it happen. The first meeting is tonight at 7 p.m. at the Stephen Foster Community Center on Main Street. Be a part of one of Pittsburgh’s biggest and most loved free art events while getting to know your neighbors. Learn more about Art All Night at www.artallnight.org, by liking us on Facebook (Art All Night: Lawrenceville) and following us on twitter (@artallnight).

**GARFIELD**

**Bidwell Recruitment**

Staff from the Bidwell Training Center will be at the Eastside Neighborhood Employment Center, 5231 Penn Ave., at 11 a.m. to recruit for their free training program also includes a Whole Foods healthy cooking demonstration. Space is limited. Register by calling 412-330-4469.
A Hauling Job?
S. Whitfield St. 6 p.m. Please call to register: 412-

Fun, “ at Carnegie Library-East Liberty branch, 130
Children ages 3 to 5 accompanied by an adult are
East Liberty
for more information and to register.
Contact 773-757-8024 or jessicarserver@gmail.com

of revision and sharing work with the public.
mental, political, and social issues. Earth INK
so that they can speak up about important environ-
teach them to find power in their individual voices
hopes to get students writing on a regular basis and
their own creativity and the natural environment by
that aims to enhance students’ dedication to both
Earth INK Workshop
Elementary school students are invited to join Earth
INK at The LAB (5125 Penn Ave.) for a free writing
workshop, “A Picture’s Worth 1,000 Words,” from 10
a.m. to noon. Earth INK is a nature-writing program
designed for volunteers who would like to work with
youths. You’ll learn about the core of writing instruc-
tion. RSVP by Jan. 21 by emailing literaryartsboom@gmail.com or calling 773-425-
1531. 2) Fill this form out in advance: http://bclty/TheLABVolunteerForm (If you’d like to
help in other ways -- marketing, fundraising, outreach, design, events, or something else - please
get in touch.)

January 24

GARFIELD
Volunteer Training
Do you like to … work with kids? Read? Write? Ask
questions? Be silly? Have fun? Make things? Think
about things? Talk about things? If you answered
“yes” to any of the above questions, chances are you’ll
enjoy volunteering at Literary Arts Boom (The LAB) and you already have wonderful qualities that
will make you a fabulous addition to our team. This
training session runs from 5:30 to 7:30 p.m. and is
designed for volunteers who would like to work with
youths. You’ll learn about the core of writing instruc-
tion. RSVP by Jan. 21 by emailing literaryartsboom@gmail.com or calling 773-425-
1531. 2) Fill this form out in advance: http://bclty/TheLABVolunteerForm (If you’d like to
help in other ways -- marketing, fundraising, outreach, design, events, or something else - please
get in touch.)

January 26

EAST LIBERTY
Poetry Books
Ages 8 to 12 are invited to make Poetry Books at
Carnegie Library-East Liberty branch, 130 S, Whit-
field St. 11 a.m. Please call to register: 412-363-8274.

January 27

GARFIELD
Earth INK Workshop
Elementary school students are invited to join Earth
INK at The LAB (5125 Penn Ave.) for a free writing
workshop, “A Picture’s Worth 1,000 Words,” from 10
a.m. to noon. Earth INK is a nature-writing program
that aims to enhance students’ dedication to both
their own creativity and the natural environment by
building the connection between the two. Earth INK
hopes to get students writing on a regular basis and
Teaching them to find power in their individual voices
so that they can speak up about important environ-
mental, political, and social issues. Earth INK
emphasizes writing itself, as well as the importance of revision and sharing work with the public.
Contact 773-757-8024 or jessicarserver@gmail.com
for more information and to register.

January 28

EAST LIBERTY
PreK Fun
Children ages 3 to 5 accompanied by an adult are
invited to a PreK program, “I’m in the Mood for Fun,” at Carnegie Library-East Liberty branch, 130 S, Whitfield St. 6 p.m. Please call to register: 412-363-8274.

Volunteer Opportunities
& Services

Programs: Chemical Laboratory Technician, Cul-
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Medical Coder and Pharmacy Technician. At Bidwell, every accepted student receives a full schol-

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“A Like” the Bloomfield-Garfield Corporation
on Facebook for the latest neighborhood information and community photos.
Garfield – For the past 37 years, the American Cancer Society has sponsored the Great American Smoke Out, a November day designated to encourage smokers to quit or to make a plan to quit smoking. Bringing this national effort to the community, the UPMC St. Margaret Family Medicine Residency Program, with funding from the St. Margaret Foundation and coordination support from the Bloomfield-Garfield Corporation, works to educate and engage students around smoking prevention.

Now in its 17th year, Kids Say Don’t Smoke brings residency physicians into 3rd-grade classrooms at Pittsburgh Arsenal, Pittsburgh Montessori, Urban League of Greater Pittsburgh Charter School and Pittsburgh Woolslair, and teaches students about the harms of tobacco use.

Designed as a school-based public health initiative, Kids Say Don’t Smoke explores the negative impacts smoking has on health and well-being, while also teaching students to recognize tobacco marketing efforts. Through an interactive presentation that utilizes photos and easily understandable facts, students learn about the implications smoking has on the body, family and finances.

One such visual aid is “Tarboro Man,” a smoking cowboy whose habit has caused damage to his brain, heart, lungs, stomach and veins. Plus, he stinks, and no 3rd-grader wants that.

The program further challenges students to consider the dangers of smoking by tapping into their creative art skills and having them design posters around anti-smoking themes. Since super heroes fighting off cigarettes; Big Bad Butts with ground, air and body pollution; concern for family members who smoke; and kids explaining the ways smoking hurts the body. The variety of posters shows that the students are learning that smoking is bad.

Kids Say Don’t Smoke is continuing to teach kids the dangers of smoking before they pick up the habit, a prevention approach that is gaining additional credence from the U.S. Preventive Services Task Force. This congressionally authorized group of independent experts provides evidence-based recommendations around clinical preventive services, and recently released draft recommendations for physician-led education of school-aged children to prevent smoking initiation.

Engaging Kids to Prevent Smoking
By Hilary Scherer
Bloomfield-Garfield Corp.

Garfield – As Assemble, a community space for art and technology, celebrates the start of its second year in existence, artists, makers and technologists of the Garfield, Friendship, and Bloomfield community are getting a chance to exhibit and sell their work in the second annual HyperLocal Show + Art Bazaar. This exhibit showcases work by artists who live in a 10-block radius of the gallery, which is located at 5125 Penn Ave.

Last year, the first HyperLocal exhibit had 30 participants, ranging in age from 8 to 73. In the second year, participation grew to 60 participants. Returning artists are Arlene Coles, Sandra Thompson, Melissa Ciccocipello, Dean Cercone, Ashley Andrykovitch, Kevin Clancy, Jason Sauer, Eric Lidji, Toh Weiss, North Star, Minette Vaccariello of Ray-Min Shoulder Wear, Sigh Venture Melting Star and Kate Dement. Newcomers include the youngest artist, Faith Jenay Jackson, who is just 5 years old; the oldest participant is 74 years young. A wide range of artwork represents various mediums and disciplines.

Visitors can view the show during Unblurred: First Fridays on Penn on Jan. 4, or at the closing party on Jan. 11 at 7:30 p.m. The closing night will also be the Assemble “Bring in the New Year” party, when visitors can also meet the Assemble board members and team.

For more information, visit assemblepgh.org.

All Artwork Is Local
by Nina Barbuto
Assemble

FREE HELP WITH PREPARING & FILING 2012 TAX RETURNS

The Bloomfield-Garfield Corporation, in cooperation with the Internal Revenue Service, will once again be assisting individual taxpayers with filing their federal and state returns online. There is no charge for this service, which will be offered every Saturday, beginning February 9th and ending Saturday, April 13th. Taxpayers will need to make appointments in advance, and then come to:

BGC COMMUNITY ACTIVITY CENTER
113 NORTH PACIFIC AVENUE, GARFIELD

between the hours of noon and 5 p.m. We are not able to assist business filers or individuals who have rental income or capital gains to report. City residents will also be able to receive help in filing their city tax returns if needed.

Call Rick Swartz at the Bloomfield-Garfield Corporation, 412-441-6950 x 11, to schedule an appointment.

BELOW: Participants in the second annual HyperLocal exhibit at Assemble gallery. Photo courtesy Assemble.